

2017 GNAC OUTDOOR TRACK & FIELD CHAMPIONSHIPS

Monmouth, OR
 Western Oregon University
 5/12/2017 - 5/13/2017



OFFICIAL MEET REPORT
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START LIST**Women's 4 x 100m Relay**

% Championship	46.68	Alaska Anchorage	2014
# GNAC	46.19	Simon Fraser	2017
\$ McArthur Field	46.82		2015

Lane Team	Time
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Section 1 of 1

1	Saint Martin's (A)	A	49.42
	1) Hamre, Grace FR	2) Hawthorne, Keirnan SR	
	3) Whatley, Alexi FR	4) Nickelson, Artresa FR	
	5) Carandang, Alexis SR	6)	
2	MSU-Billings (A)	A	49.30
	1) Eastburn, Katie FR	2) Johnson, Michaela FR	
	3) Beckett, Brenna FR	4) Smiedala, Josey SO	
3	Seattle Pacific (A)	A	47.38
	1) Houk, Becca SR	2) Cai, Scout FR	
	3) Brannan, Kyra SR	4) Taylor, Lani FR	
4	Simon Fraser (A)	A	46.19
	1) Kabia, Valda SO	2) Desch, Chantel SR	
	3) Pederson, Kira FR	4) Lucas, Katherine FR	
	5) Voloshin, Diana FR	6)	
5	Alaska Anchorage (A)	A	46.37
	1) Ashcroft, Jamie SR	2) Cross, Mary Kathleen SR	
	3) Ries, Marie FR	4) Aniteye, Vanessa FR	
	5) Anders, Karolin SR	6) Cano, Elena FR	
6	Central Washington (A)	A	46.83
	1) Vongsaveng, Mariyah SO	2) Banfro, Tianna SR	
	3) Weems, Erykah FR	4) Garcia, Madison SR	
	5) Martin, Diamond JR	6)	
7	Western Washington (A)	A	47.74
	1) Allen, Macie FR	2) Bradley, Hannah FR	
	3) McLean, Kelsey FR	4) Smith, Savannah SO	
8	Northwest Nazarene (A)	A	49.34
	1) Bartlow, Rachel JR	2) Tubbs, Lexi JR	
	3) Gilmore, Carly SR	4) Deskins, Taylor SR	
	5) Conley, McKenna SO	6)	

Men's 4 x 100m Relay

% Championship	41.10	Central Washington	2010
# GNAC	41.10	Central Washington	2010
\$ McArthur Field	41.00	University of Oregon	1995

Lane Team	Time
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Section 1 of 1

1	Seattle Pacific (A)	A	44.04
	1) Carpenter, Shayne FR	2) Ramsey, Justin SR	
	3) Choi, David FR	4) Harris, Peyton JR	

Men's 4 x 100m Relay (cont'd)

Lane Team	Time
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2	MSU-Billings (A)	A	42.46
	1) Shay, Kaelen SO	2) Ackerman, Beau SO	
	3) Rykal, Braden FR	4) Zook, Sam SO	
	5) Lindquist, Austin SR	6)	
3	Western Oregon (A)	A	42.23
	1) Gray, Wesley SR	2) Woods, Devonte SR	
	3) Whitaker, Aaron SR	4) Blodgett, Codi JR	
	5) Warner, Cody JR	6)	
4	Northwest Nazarene (A)	A	41.45
	1) Blake, Logan FR	2) Lewis, Payton JR	
	3) Spatz, Micah SR	4) Camara, Ebu SR	
	5) Kahut, Isaiah FR	6)	
5	Concordia (Ore.) (A)	A	41.56
	1) Brown, Adam FR	2) Phillips, James SO	
	3) Brown, Giovanni SO	4) Ortiz, Carlos JR	
	5) Felix, Glen SR	6)	
6	Central Washington (A)	A	41.95
	1) Steuk, Garret JR	2) Ooley, Kyle SO	
	3) Scott, Trevaughn JR	4) McKinney, Kent SR	
	5) Landis, Kodiak SR	6)	
7	Alaska Anchorage (A)	A	42.34
	1) Jones, Eric SO	2) Gray, Darrion JR	
	3) Lindsay, Liam JR	4) Taylor, Nicholas SO	
	5) Commandeur, Adam SR	6) Sramek, David FR	
	7) Turner, Travis SR	8)	
8	Western Washington (A)	A	43.28
	1) Cummings, Cordell FR	2) Taylor, Alex FR	
	3) Knox, Stedman SO	4) Jones, Daniel SO	
	5) Chhim, Somit JR	6)	

Women's 1500 Meters

% Championship	4:24.01	Jessica Pixler	2010
# GNAC	4:11.06	Jessica Pixler	2010
\$ McArthur Field	4:13.81	Jennifer Bravard	1997

Lane Name	Yr	Team	Time
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Section 1 of 1

1	Grant, Brittany	SR	Western Washington	4:30.15
2	Charleson, Mary	JR	Seattle Pacific	4:29.53
3	Bassett, Miryam	JR	Simon Fraser	4:30.01
4	Lilly, Kate	FR	Seattle Pacific	4:34.60
5	Phan, Chynna	JR	Seattle Pacific	4:39.99
6	Dobie, Reta	JR	Simon Fraser	4:35.59
7	Perez, Tamara	JR	Alaska Anchorage	4:37.58
8	Maurmann, Nicole	SR	Western Oregon	4:38.36
9	Howley, Julia	JR	Simon Fraser	4:25.45
10	Calvert, Hannah	SR	Seattle Pacific	4:40.08
11	Block, Jordyn	FR	Alaska Anchorage	4:45.53

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Women's 1500 Meters (cont'd)

Lane	Name	Yr	Team	Time
12	Troupe, Shawna	SR	Western Washington	4:45.78
13	Kangas, Lauren	SO	Western Oregon	4:54.91
14	Harrington, Sara	JR	Concordia (Ore.)	4:54.25
15	Koger, Aundrea	FR	Western Washington	4:45.89
16	McKinney, Kaitlyn	SR	Central Washington	4:59.97

Men's 1500 Meters

%	Championship	3:49.03	Alfred Kangogo	2010
#	GNAC	3:41.45	David Ribich	2017
\$	McArthur Field	3:46.74	Jim Howarth	1997

Lane	Name	Yr	Team	Time
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Section 1 of 2

1	Panasuk, Josh	SR	MSU-Billings	4:02.25
2	Gallagher, Thomas	FR	Simon Fraser	3:59.48
3	Mosman, Hunter	FR	Western Oregon	4:08.01
4	Tadesse, Ephraim	JR	Simon Fraser	4:01.96
5	Sander, Christoph	FR	Alaska Anchorage	4:06.96
6	Wilson, Jordan	FR	Simon Fraser	4:00.48
7	de Dalmases, Mateo	JR	Simon Fraser	3:59.16
8	Turney, Taylor	JR	Alaska Anchorage	4:06.41

Section 2 of 2

1	McCranie, Cody	SR	Western Washington	3:53.17
2	Nading, Dustin	SO	Western Oregon	3:47.17
3	Giese, Logan	JR	Western Washington	3:54.87
4	Carrancho, Justin	JR	Alaska Anchorage	3:54.56
5	Cossette, Liam	FR	Western Washington	3:55.91
6	Normandeau, Thomas	JR	Western Oregon	3:56.15
7	Mendenhall, Michael	SR	Alaska Anchorage	3:57.58
8	Ribich, David	JR	Western Oregon	3:41.45
9	Crosswhite, Justin	FR	Western Oregon	3:56.77
10	Doherty, Rowan	SO	Simon Fraser	3:56.39
11	Korta, Kaleb	FR	Alaska Anchorage	3:58.02
12	Livermore, Ethan	SR	Concordia (Ore.)	3:58.80

Women's 100m Hurdles

%	Championship	13.82	Danielle Ayers-Stamper	2005
#	GNAC	13.70	Danielle Ayers-Stamper	2005
\$	McArthur Field	14.18	Rosie Smith	2015

Finals

Lane	Name	Yr	Team	Time
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Section 1 of 1

1	Cano, Elena	FR	Alaska Anchorage	15.32
2	Weems, Erykah	FR	Central Washington	15.19
3	Bland, Emily	JR	Central Washington	15.07
4	Vongsaveng, Mariyah	SO	Central Washington	14.21
5	Voloshin, Diana	FR	Simon Fraser	14.46
6	Tubbs, Lexi	JR	Northwest Nazarene	14.89

Women's 100m Hurdles (cont'd)

Lane	Name	Yr	Team	Time
7	Banfro, Tianna	SR	Central Washington	15.18
8	Walts, Rose	FR	Central Washington	15.23

Men's 110m Hurdles

%	Championship	14.21	Travis Milbrandt	2015
#	GNAC	14.19	Travis Milbrandt	2016
\$	McArthur Field	14.21	Travis Milbrandt	2015

Finals

Lane	Name	Yr	Team	Time
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Section 1 of 1

1	Lindquist, Austin	SR	MSU-Billings	15.86
2	Gunther, Ryan	SO	Central Washington	15.74
3	Spatz, Micah	SR	Northwest Nazarene	15.47
4	Turner, Travis	SR	Alaska Anchorage	15.14
5	Lewis, Payton	JR	Northwest Nazarene	15.34
6	Harris, Peyton	JR	Seattle Pacific	15.45
7	Phillips, James	SO	Concordia (Ore.)	15.58
8	Brown, Giovanni	SO	Concordia (Ore.)	15.75

Women's 400 Meters

%	Championship	54.46	Helen Crofts	2013
#	GNAC	53.56	Mary Pearce	2007
\$	McArthur Field	55.10	Mary Pearce	2006

Finals

Lane	Name	Yr	Team	Time
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Section 1 of 1

1	Sytsma, Emily	SO	Western Washington	58.83
2	Hamre, Grace	FR	Saint Martin's	58.14
3	Bezanson, Hayley	SR	Alaska Anchorage	57.63
4	Desch, Chantel	SR	Simon Fraser	56.08
5	Aniteye, Vanessa	FR	Alaska Anchorage	56.13
6	Taylor, Lani	FR	Seattle Pacific	56.25
7	Dodd, Sophie	JR	Simon Fraser	58.02
8	Smith, Savannah	SO	Western Washington	58.44

Men's 400 Meters

%	Championship	47.55	Ethan Hewitt	2012
#	GNAC	47.51	Ethan Hewitt	2011
\$	McArthur Field	47.23	Korey Thieleke	2016

Finals

Lane	Name	Yr	Team	Time
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Section 1 of 1

1	Remington, Daniel	SO	Alaska Anchorage	50.06
2	Brown, Adam	FR	Concordia (Ore.)	49.62
3	Commandeur, Adam	SR	Alaska Anchorage	48.70
4	Whitaker, Aaron	SR	Western Oregon	48.53

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Men's 400 Meters (cont'd)**Finals**

Lane	Name	Yr	Team	Time
5	Kelloway, Daniel	SR	Simon Fraser	48.57
6	Taylor, Nicholas	SO	Alaska Anchorage	48.63
7	McArthur, Ryan	SR	Western Washington	48.74
8	Lindsay, Liam	JR	Alaska Anchorage	49.76

Women's 100 Meters

%	Championship	11.81	Jamie Ashcroft	2015
#	GNAC	11.64	Jamie Ashcroft	2015
\$	McArthur Field	11.81	Jamie Ashcrof	2015

Finals

Lane	Name	Yr	Team	Time
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Section 1 of 1

1	McLean, Kelsey	FR	Western Washington	12.61
2	Cross, Mary Kathleen	SR	Alaska Anchorage	12.45
3	Ries, Marie	FR	Alaska Anchorage	12.30
4	Lucas, Katherine	FR	Simon Fraser	12.13
5	Kabia, Valda	SO	Simon Fraser	12.36
6	Ashcroft, Jamie	SR	Alaska Anchorage	12.39
7	Pederson, Kira	FR	Simon Fraser	12.43
8	Brannan, Kyra	SR	Seattle Pacific	12.57

Men's 100 Meters

%	Championship	10.43	Anthony Wright	2010
#	GNAC	10.22	Donigian, Alex	2015
\$	McArthur Field	10.33	Jean Olivier-Zirignon	1993

Finals

Lane	Name	Yr	Team	Time
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Section 1 of 1

1	Jones, Daniel	SO	Western Washington	11.32
2	McKinney, Kent	SR	Central Washington	11.15
3	Ooley, Kyler	SO	Central Washington	11.08
4	Zook, Sam	SO	MSU-Billings	10.86
5	Camara, Ebu	SR	Northwest Nazarene	10.92
6	Ortiz, Carlos	JR	Concordia (Ore.)	11.00
7	Blodgett, Codi	JR	Western Oregon	11.10
8	Mah, Nathan	FR	Simon Fraser	11.23

Women's 800 Meters

%	Championship	2:06.38	Jessica Pixler	2010
#	GNAC	2:02.10	Helen Crofts	2013
\$	McArthur Field	2:06.38	Jessica Pixler	2010

Finals

Lane	Name	Yr	Team	Time
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Section 1 of 1

1	Nock, Paige	JR	Simon Fraser	2:16.66
2	Van De Grift, Suzie	JR	Western Oregon	2:14.53

Women's 800 Meters (cont'd)**Finals**

Lane	Name	Yr	Team	Time
3	Perez, Tamara	JR	Alaska Anchorage	2:14.26
4	Mussatto, Alana	JR	Simon Fraser	2:13.26
5	Woods, Olivia	SO	Western Oregon	2:12.72
6	Phan, Chynna	JR	Seattle Pacific	2:12.63
7	Townsend, Addy	SO	Simon Fraser	2:12.27
8	Rose, Megan	JR	Western Oregon	2:10.87
9	McCormick, Danielle	SO	Alaska Anchorage	2:10.79

Men's 800 Meters

%	Championship	1:49.31	Paul Mach	2005
#	GNAC	1:47.58	Sultessa, Badane	2015
\$	McArthur Field	1:49.03	Shannon Lemora	1995

Finals

Lane	Name	Yr	Team	Time
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Section 1 of 1

1	Phan, Jesse	SO	Seattle Pacific	1:56.61
2	Knott, Curt	FR	Western Oregon	1:56.23
3	Mendenhall, Michael	SR	Alaska Anchorage	1:56.10
4	Rhodes, Demetrius	SR	Concordia (Ore.)	1:55.45
5	McCranie, Cody	SR	Western Washington	1:55.40
6	Chin, Michael	SR	Western Oregon	1:55.23
7	Freinhofer, Dylan	JR	Simon Fraser	1:54.98
8	Ribich, David	JR	Western Oregon	1:54.15
9	Holmberg, AJ	SO	Western Oregon	1:53.52

Women's 400m Hurdles

%	Championship	1:00.29	Haleigh Lloyd	2015
#	GNAC	59.17	Haleigh Lloyd	2015
\$	McArthur Field	1:00.23	Kasey Harwood	2006

Finals

Lane	Name	Yr	Team	Time
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Section 1 of 1

1	Dyk, Janessa	SR	Northwest Nazarene	1:04.28
2	Benner, Brooke	FR	Seattle Pacific	1:04.05
3	Whatley, Alexi	FR	Saint Martin's	1:02.53
4	Anderson, Ali	JR	Central Washington	1:01.57
5	Bland, Emily	JR	Central Washington	1:02.28
6	Jeschke, Yvonne	SO	Alaska Anchorage	1:03.68
7	Cano, Elena	FR	Alaska Anchorage	1:03.55
8	Weems, Erykah	FR	Central Washington	1:04.15

Men's 400m Hurdles

%	Championship	52.23	Shaun Ward	2011
#	GNAC	51.48	Vladislav Tsygankov	2017
\$	McArthur Field	51.33	Keith Stuffle,	1997

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Men's 400m Hurdles (cont'd)**Finals**

Lane	Name	Yr	Team	Time
Section 1 of 1				
1	Adhemar, Joshua	JR	Simon Fraser	57.77
2	Seifert, Peter	SO	Concordia (Ore.)	56.17
3	Turner, Travis	SR	Alaska Anchorage	55.16
4	Scott, Trevaughn	JR	Central Washington	54.11
5	Cummings, Cordell	FR	Western Washington	55.00
6	Gunther, Ryan	SO	Central Washington	57.20
7	Spatz, Micah	SR	Northwest Nazarene	55.54
8	Lovercamp, Reid	SO	Western Washington	57.32

Women's 200 Meters

%	Championship	24.30	Grace Morgan	2013
#	GNAC	23.99	NyEma Sims	2007
\$	McArthur Field	24.45	Jamie Ashcrof	2015

Finals

Lane	Name	Yr	Team	Time
Section 1 of 1				
1	Garcia, Madison	SR	Central Washington	26.00
2	Taylor, Lani	FR	Seattle Pacific	25.97
3	Lucas, Katherine	FR	Simon Fraser	25.38
4	Cross, Mary Kathleen	SR	Alaska Anchorage	25.30
5	Ashcroft, Jamie	SR	Alaska Anchorage	25.39
6	Kabia, Valda	SO	Simon Fraser	25.40
7	Banfro, Tianna	SR	Central Washington	25.83
8	Ries, Marie	FR	Alaska Anchorage	26.00

Men's 200 Meters

#	GNAC	20.93	Alex Donigian	2016
\$	McArthur Field	21.32	Tyrell Williams	2014
%	Championship	21.32	Rimar Christie	2013
%	Championship	21.32	Tyrell Williams	2014

Finals

Lane	Name	Yr	Team	Time
Section 1 of 1				
1	Landis, Kodiak	SR	Central Washington	22.70
2	Jones, Daniel	SO	Western Washington	22.51
3	Ortiz, Carlos	JR	Concordia (Ore.)	22.37
4	Zook, Sam	SO	MSU-Billings	21.68
5	Camara, Ebu	SR	Northwest Nazarene	21.72
6	Warner, Cody	JR	Western Oregon	21.97
7	Mah, Nathan	FR	Simon Fraser	22.48
8	Blodgett, Codi	JR	Western Oregon	22.56

Women's 5000 Meters

%	Championship	16:39.39	Sarah Porter	2010
%	Championship	16:47.07	Sarah Porter	2/20/2010
#	GNAC	15:44.07	Jessica Pixler	2010
\$	McArthur Field	16:39.39	Sarah Porter	2008

Lane	Name	Yr	Team	Time
Section 1 of 1				
1	Macdonald, Sarah	SR	Seattle Pacific	17:17.21
2	Shindruk, Alexa	SO	Central Washington	17:21.35
3	Rexus, Stephanie	SR	Central Washington	17:24.92
4	Melville, Tracy	SO	Western Washington	17:55.95
5	Stelling, Lillianna	SR	Western Washington	17:21.89
6	Clem, Delaney	FR	Central Washington	17:52.07
7	Maurmann, Nicole	SR	Western Oregon	17:30.29
8	Shinnick, Peyton	FR	Western Washington	17:55.51
9	Laiblin, Alexandra	JR	Western Washington	17:53.79
10	Hutchison, Maddy	JR	Western Washington	17:42.63
11	Charleson, Mary	JR	Seattle Pacific	16:41.59
12	Galvez, Sophia	FR	Western Washington	17:53.02
13	Jepchumba, Zannah	SO	Alaska Anchorage	17:30.48
14	Burroughs, Mariah	JR	Alaska Anchorage	17:30.47
15	Burroughs, Riley	FR	Alaska Anchorage	18:12.64
16	Taferre, Sara	SR	Western Washington	18:11.34
17	Chelimo, Emmanuelah	SO	Alaska Anchorage	18:00.58
18	Walter, Katherine	FR	Seattle Pacific	18:28.89
19	Manzer, Sierra	SO	Northwest Nazarene	18:17.13
20	Footo, Alyssa	FR	Seattle Pacific	17:25.78
21	Lilly, Kate	FR	Seattle Pacific	NT

Men's 5000 Meters

%	Championship	14:29.41	Micah Chelimo	2011
%	Championship	14:51.07	Barak Watson	2/18/2012
#	GNAC	13:41.99	Micah Chelimo	2014
\$	McArthur Field	14:29.41	Micah Chelimo	2011

Lane	Name	Yr	Team	Time
Section 1 of 1				
1	Carrancho, Justin	JR	Alaska Anchorage	14:48.45
2	Wong, Brendan	SR	Simon Fraser	14:56.04
3	Seckel, Jared	SR	Concordia (Ore.)	14:46.11
4	Ramirez, Michel	SR	Alaska Anchorage	14:55.35
5	Korta, Kaleb	FR	Alaska Anchorage	14:57.74
6	Wise, Andrew	SR	Western Washington	14:51.33
7	Jones, Tyler	JR	Western Oregon	14:54.95
8	Derline, Isaac	JR	Western Washington	14:48.86
9	Kangogo, Edwin	JR	Alaska Anchorage	14:24.08
10	Olson, Jadon	SO	Western Washington	15:07.58
11	Notz, Dominik	SR	Alaska Anchorage	14:02.37
12	Hayes, Dylan	SO	Western Washington	15:06.46

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Men's 5000 Meters (cont'd)

Lane	Name	Yr	Team	Time
13	Leaf, Ron	JR	Central Washington	15:42.98
14	Butler, Peter	SO	Western Washington	15:09.29
15	Eustis, Sean	SR	Western Washington	15:12.74
16	Hamilton, Nick	SO	Northwest Nazarene	15:11.94
17	Egeland, Jorey	JR	MSU-Billings	15:14.94
18	Halladay, Ben	JR	Seattle Pacific	15:09.70
19	Hamel, Eric	FR	Western Washington	15:20.62
20	Mendoza, Tyus	SO	MSU-Billings	15:50.04
21	Shelman, Josiah	SR	Saint Martin's	14:59.80
22	Boston, Josh	JR	Central Washington	15:34.04
23	Mounier, Nick	JR	Western Washington	15:20.61
24	Love, Garrett	SR	MSU-Billings	15:33.83
25	Nading, Dustin	SO	Western Oregon	NT

Women's 4 x 400m Relay

%	Championship	3:44.11	Seattle Pacific	2013
%	Championship	3:48.36	Simon Fraser	2/16/2013
#	GNAC	3:41.93	Alaska Anchorage	2017
\$	McArthur Field	3:45.64		2015

Lane Team**Time****Section 1 of 1**

1	Saint Martin's (A)	A	3:59.26
	1) Hawthorne, Keirman SR	2) Hamre, Grace FR	
	3) Teigen, Megan SR	4) Whatley, Alexi FR	
	5) Carandang, Alexis SR	6)	
2	MSU-Billings (A)	A	3:57.37
	1) Beckett, Brenna FR	2) Eastburn, Katie FR	
	3) Williams, Janessa SO	4) Smiedala, Josey SO	
3	Western Oregon (A)	A	3:49.01
	1) Burke, Grayson FR	2) Rose, Megan JR	
	3) Van De Grift, Suzie JR	4) Woods, Olivia SO	
	5) Niskanen, Nicole FR	6)	
4	Alaska Anchorage (A)	A	3:41.93
	1) Cross, Mary Kathleen SR	2) McCormick, Danielle SO	
	3) Bezanson, Hayley SR	4) Aniteye, Vanessa FR	
	5) Ashcroft, Jamie SR	6) Perez, Tamara JR	
	7) Jeschke, Yvonne SO	8) Cano, Elena FR	
5	Simon Fraser (A)	A	3:45.50
	1) Mussatto, Alana JR	2) Townsend, Addy SO	
	3) Dodd, Sophie JR	4) Desch, Chantel SR	
6	Central Washington (A)	A	3:45.52
	1) Garcia, Madison SR	2) Weems, Erykah FR	
	3) Bland, Emily JR	4) Anderson, Ali JR	
	5) Inderbitzin, Julia SO	6) Banfro, Tianna SR	
7	Seattle Pacific (A)	A	3:49.62
	1) Brannan, Kyra SR	2) Cai, Scout FR	
	3) Hong, Cheryl SR	4) Taylor, Lani FR	

Women's 4 x 400m Relay (cont'd)

Lane	Team	Time
8	Western Washington (A)	A 3:58.12
	1) Shreffler, Waverly FR	2) Smith, Savannah SO
	3) Svastisalee, Deja JR	4) Sytsma, Emily SO
	5) Allen, Macie FR	6) Troupe, Shawna SR

Men's 4 x 400m Relay

%	Championship	3:13.84	Stuart Ellenwood,	2015
%	Championship	3:18.17	Western Wash	2/16/2013
#	GNAC	3:10.60		2016
\$	McArthur Field	3:13.84		2015

Lane Team**Time****Section 1 of 1**

1	Western Washington (A)	A	3:23.53
	1) Cummings, Cordell FR	2) Lovercamp, Reid SO	
	3) McArthur, Ryan SR	4) Knox, Stedman SO	
	5) McCranie, Cody SR	6) Spiller, Keaton SO	
2	Western Oregon (A)	A	3:23.23
	1) Holmberg, AJ SO	2) Knott, Curt FR	
	3) Warner, Cody JR	4) Whitaker, Aaron SR	
	5) Ribich, David JR	6)	
3	Northwest Nazarene (A)	A	3:20.42
	1) Blake, Logan FR	2) Spatz, Micah SR	
	3) Mason, Zach SR	4) Camara, Ebu SR	
	5) Kreutz, Blaine FR	6)	
4	Alaska Anchorage (A)	A	3:12.29
	1) Taylor, Nicholas SO	2) Lindsay, Liam JR	
	3) Gray, Darrion JR	4) Commandeur, Adam SR	
	5) Remington, Daniel SO	6) Turner, Travis SR	
	7) Sramek, David FR	8)	
5	Simon Fraser (A)	A	3:16.10
	1) Mah, Nathan FR	2) Dhillon, Hameet JR	
	3) Tsygankov, Vladislav JR	4) Kelloway, Daniel SR	
	5) Adhemar, Joshua JR	6) Freinhofer, Dylan JR	
	7) Webster, Joel SR	8)	
6	Central Washington (A)	A	3:19.59
	1) Calderon, Daniel FR	2) Porter, Doc FR	
	3) Steuk, Garret JR	4) Scott, Trevaughn JR	
	5) Landis, Kodiak SR	6)	
7	Seattle Pacific (A)	A	3:23.12
	1) Scarbrough, Lazarus FR	2) Phan, Jesse SO	
	3) Harris, Peyton JR	4) Ramsey, Justin SR	
8	Concordia (Ore.) (A)	A	3:23.45
	1) Brown, Giovanni SO	2) Rhodes, Demetrius SR	
	3) Seifert, Peter SO	4) Brown, Adam FR	
	5) Phillips, James SO	6) Gamza, Andrey FR	

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Women's Hammer

% Championship	54.51m	Audrey Oswald	2006
# GNAC	57.05m	Christina MacDonald	2017
\$ McArthur Field	59.31m	Cari Soong	2007

Lane Name	Yr Team	Mark
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Flight 1 of 2

1	La Rue, Samantha	FR Central Washington	46.46m
2	Short, Amanda	SO Western Oregon	42.27m
3	Falck, Alecia	SO Western Oregon	45.28m
4	Roberts, Sophia	SO Western Washington	42.24m
5	Lytle, Clare	SO Central Washington	43.62m
6	Gronbach, Mariah	FR Western Oregon	42.92m
7	Snowden, Elise	FR Northwest Nazarene	39.34m
8	Thomas, Hannah	JR Northwest Nazarene	41.34m
9	Stringari, Taylor	FR MSU-Billings	39.70m
10	Mumford, Angela	FR Central Washington	41.47m
11	Hagadorn, Miranda	SO Northwest Nazarene	40.68m
12	Korolenko, Sasha	FR Northwest Nazarene	44.39m
13	White, Nicole	FR Concordia (Ore.)	46.95m

Flight 2 of 2

1	Tensley, Joselynn	FR Concordia (Ore.)	52.49m
2	Warren, McKenzie	SR Concordia (Ore.)	56.65m
3	Neale, Kirby	SR Saint Martin's	55.93m
4	Homer, Aiyana	JR Central Washington	48.71m
5	MacDonald, Christina	JR Concordia (Ore.)	57.05m
6	McKinnis, Rachel	SR Concordia (Ore.)	49.72m
7	Willing, Tasha	FR Concordia (Ore.)	55.19m
8	Larson, Liz	SO Saint Martin's	51.17m
9	Dean, Sylvia	JR Western Oregon	47.97m

Men's Hammer

% Championship	61.61m	Michael Hoffman	2012
# GNAC	62.89m	Pro Escobedo	2003
\$ McArthur Field	69.76m	Scott Boothby	2004

Lane Name	Yr Team	Mark
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Flight 1 of 2

1	Driver, Jayden	FR Simon Fraser	46.19m
2	Ferry, Corbin	FR Saint Martin's	45.43m
3	Tafoya, Alberto	FR Central Washington	45.46m
4	Lee, Bryan	SO Western Washington	50.34m
5	Eiland, Brayden	SO Northwest Nazarene	43.89m
6	Smith, Zach	JR Western Oregon	40.53m
7	Cain, Aidan	FR Central Washington	43.24m

Flight 2 of 2

1	Wilkens, Mitch	SR Saint Martin's	55.37m
2	Vanderpoel, Kauano	JR Saint Martin's	56.92m
3	Chamberlin, Jakob	FR Concordia (Ore.)	53.54m
4	Pless, Brandon	JR Western Washington	54.98m

Men's Hammer (cont'd)

Lane Name	Yr Team	Mark	
5	Tafoya, Armando	SR Central Washington	58.91m
6	Behncke, Peter	SR Simon Fraser	54.65m
7	Fualefau, Vincent	SR Saint Martin's	52.78m
8	Allen, Kegan	JR Western Oregon	53.06m
9	Denniston, Joe	FR Concordia (Ore.)	53.41m

Men's Javelin

% Championship	69.49m	Franz Burghagen	2013
# GNAC	77.98m	Cody Parker	2013
\$ McArthur Field	79.08m	Brian Crouser	1990

Lane Name	Yr Team	Mark
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Flight 1 of 2

1	Tranch, Micah	SO Northwest Nazarene	50.97m
2	Peaslee, Beau	FR MSU-Billings	48.91m
3	Forster, Michael	SO Central Washington	47.29m
4	Hoberg, Cole	SR Northwest Nazarene	43.68m
5	Cross, Forest	FR MSU-Billings	45.40m
6	Scarlett, Grant	FR Central Washington	48.39m
7	Starr, Noah	SR Northwest Nazarene	48.02m

Flight 2 of 2

1	Wheeler, Jimmy	SR Concordia (Ore.)	59.08m
2	Ackerman, Beau	SO MSU-Billings	60.16m
3	Elder, Brett	FR Concordia (Ore.)	54.17m
4	Lytle, Griffey	SO Central Washington	57.57m
5	Barry, Alex	SO Western Washington	62.30m
6	Rutter, Tyree	SO Central Washington	56.68m
7	David, Costel	SO Western Washington	53.59m
8	Villarreal, Domingo	JR Central Washington	52.78m
9	Chavez, Michael	SR Central Washington	51.15m

Women's High Jump

% Championship	1.77m	Taylor Fettig	2016
# GNAC	1.78m	Teona Perkins	2007
\$ McArthur Field	1.80m	Camile Jampulski	1996

Lane Name	Yr Team	Mark
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Flight 1 of 1

1	Pott, Tiffany	FR Saint Martin's	1.58m
2	Henry, Bridget	SO Western Washington	1.55m
3	Lehnert, Geneva	SO Seattle Pacific	1.66m
4	Cai, Scout	FR Seattle Pacific	1.68m
5	Johnson, Tori	SO Concordia (Ore.)	1.68m
6	Bartlow, Rachel	JR Northwest Nazarene	1.65m
7	Conklin, Katie	SO Northwest Nazarene	1.64m
8	Stewart, Mackenzie	SO Simon Fraser	1.63m
9	Stephens, Chase	FR Concordia (Ore.)	1.59m
10	Duval, Lauren	SR Northwest Nazarene	1.61m
11	Warren, Kawena	JR Northwest Nazarene	1.60m

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Women's High Jump (cont'd)

Lane	Name	Yr	Team	Mark
12	Anders, Karolin	SR	Alaska Anchorage	1.73m
13	Benner, Brooke	FR	Seattle Pacific	1.62m
14	Jeschke, Yvonne	SO	Alaska Anchorage	1.57m
15	Phommathirath, Keeley	FR	Central Washington	1.56m
16	Warren, Halie	FR	MSU-Billings	1.50m
17	Osadchey, Miranda	SR	Western Washington	1.65m
18	Petz, Amy	JR	Simon Fraser	1.55m
19	Apo, Cassidy	SO	Saint Martin's	1.54m
20	Orme, Jamie	FR	MSU-Billings	1.53m
21	Meadows, Shaddia	FR	Central Washington	1.53m
22	Greninger, Kaylie	JR	Western Washington	1.50m
23	Fukumoto, Gabby	SO	Concordia (Ore.)	1.56m

Men's Pole Vault

#	GNAC	5.40m	Ryan Brown	2010
%	Championship	5.14m	Ryan Brown	2010
%	Championship	4.65m	Scott Hunter	2/15/2013
%	Championship	4.91m	Ryan Brown	
\$	McArthur Field	5.85m	Tim Bright	1997

Lane	Name	Yr	Team	Mark
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Flight 1 of 1

1	Webster, Jared	JR	Northwest Nazarene	4.90m
2	Gwin, Phillip	SO	Northwest Nazarene	4.50m
3	Kordas, Gordon	SR	Western Washington	4.80m
4	Lewis, Payton	JR	Northwest Nazarene	5.25m
5	Hino, Jacob	SR	Western Washington	4.58m
6	McClanahan, Zach	SR	Northwest Nazarene	4.56m
7	Sramek, David	FR	Alaska Anchorage	4.50m
8	Thomas, Adam	JR	Western Washington	4.61m
9	Cadena, Bryan	FR	Central Washington	4.50m
10	Boyle, Craig	SO	Saint Martin's	4.35m
11	Irvine, Zane	SR	Central Washington	4.35m
12	Walker, Berlie	SR	Central Washington	4.35m
13	Landis, Kodiak	SR	Central Washington	4.25m
14	Coelho, Matt	SO	Western Washington	4.13m
15	Rickard, Chris	JR	Saint Martin's	4.28m

Women's Triple Jump

%	Championship	12.42m	Ashley Potter	2012
#	GNAC	12.42m	Ashley Potter	2012
\$	McArthur Field	12.42m	Lavern Clark	1992
\$	McArthur Field	12.42m	Ashley Potter	2012
%	Championship	12.06m	Ashley Potter	2/18/2012

Lane	Name	Yr	Team	Mark
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Flight 1 of 2

1	Conklin, Katie	SO	Northwest Nazarene	10.88m
2	Beckett, Brenna	FR	MSU-Billings	10.67m

Women's Triple Jump (cont'd)

Lane	Name	Yr	Team	Mark
3	Loufoua, Nice	SO	Northwest Nazarene	11.09m
4	Browning, Shelby	FR	MSU-Billings	10.33m
5	Walts, Rose	FR	Central Washington	10.84m
6	Pitts, Kathryn	SR	Western Oregon	11.00m
7	Schwend, Shaniah	SO	MSU-Billings	10.46m
8	Williams, Janessa	SO	MSU-Billings	10.80m
9	Cole, Brianna	FR	Concordia (Ore.)	10.10m

Flight 2 of 2

1	McMullin, Jasmine	SR	Western Washington	12.27m
2	Brown, Ella	SR	Simon Fraser	12.01m
3	Williams, Brooke	SO	Central Washington	11.47m
4	Anders, Karolin	SR	Alaska Anchorage	11.51m
5	Blalock, Alexia	SR	Alaska Anchorage	11.61m
6	Mahowald, Jackie	FR	Northwest Nazarene	11.46m
7	Ortega, HarLee	SO	Central Washington	11.45m
8	Benner, Brooke	FR	Seattle Pacific	11.17m
9	Stephens, Chase	FR	Concordia (Ore.)	11.16m

Women's Javelin

%	Championship	50.19m	Katie Reichert	2016
#	GNAC	52.29m	Bethany Drake	2016
\$	McArthur Field	51.26m	Kelsey Stellick	1995

Lane	Name	Yr	Team	Mark
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Flight 1 of 2

1	Korff, Halie	FR	Western Oregon	39.98m
2	Lombard-Chappell, Say	JR	Central Washington	38.44m
3	Huffman, Rachael	SR	Western Oregon	42.42m
4	Snowden, Elise	FR	Northwest Nazarene	40.15m
5	Walker, Kathryn	SR	Saint Martin's	40.23m
6	Chappell, Emma	FR	Concordia (Ore.)	40.05m
7	Nobbs, Nicole	SO	Northwest Nazarene	39.36m
8	Palmiter, Claire	SR	Saint Martin's	41.53m
9	Greninger, Kaylie	JR	Western Washington	37.35m
10	Myers, Kylie	FR	Western Oregon	36.32m
11	Steinbeisser, Hailey	FR	MSU-Billings	34.30m

Flight 2 of 2

1	Whistocken, Angelique	SR	Central Washington	45.62m
2	Markham, Sammi	SR	Seattle Pacific	44.78m
3	Spiller, Jona	SO	Saint Martin's	45.40m
4	Logan, Ellie	SO	Northwest Nazarene	44.58m
5	Drake, Bethany	SR	Western Washington	50.72m
6	Avalos, Deanna	JR	Saint Martin's	44.70m
7	Short, Amanda	SO	Western Oregon	45.28m
8	MacDonald, Christina	JR	Concordia (Ore.)	43.80m
9	Limas De La Cruz, Shei	SO	Western Oregon	44.14m

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Men's Triple Jump

#	GNAC	15.21m	Justin Lawrence	2004
\$	McArthur Field	15.60m	Steve Miller	1996
%	Championship	15.00m	Justin Lawrence	2003

Lane	Name	Yr	Team	Mark
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Flight 1 of 2

1	Spence, Othniel	FR	Simon Fraser	12.63m
2	Gladden, Tevin	SR	Alaska Anchorage	12.85m
3	Makrakis, Nick	FR	Western Washington	12.58m
4	Scarlett, Grant	FR	Central Washington	12.90m
5	Carrizales, Emmy	FR	Concordia (Ore.)	12.53m
6	Turner, Travis	SR	Alaska Anchorage	NM

Flight 2 of 2

1	Gray, Wesley	SR	Western Oregon	14.85m
2	Wheeler, Jimmy	SR	Concordia (Ore.)	13.52m
3	Koenig-Rohde, Kolton	SO	Western Oregon	13.59m
4	Lindquist, Marcus	FR	MSU-Billings	13.18m
5	Whittaker, Zach	SO	Central Washington	14.42m
6	Seely, Mark	SR	Western Washington	14.18m
7	Chhim, Somit	JR	Western Washington	13.87m
8	Ringold, Jacob	SO	Western Washington	13.21m
9	Brown, Giovanni	SO	Concordia (Ore.)	13.82m